

4th Annual **Rocky Mount Stage Race**

April 12-13, 2008

Promoted by Team LaS'port

www.teamlasport.org

Stage Race Event -- Cash & Additional Prizes

*Two days of racing in Northwest Louisiana featuring a **road race** in hilly Rocky Mount, a 4.2 mile **individual time trial** on the Shreveport Riverfront, and a **criterium** at the Century Tel Center in Bossier City with a stage race format.*

LAMBRA Event

USCF Permit # 2008-115

Event Held Rain or Shine

Category	Fee	Prizes**	Places	RR	TT	Criterium
Cat 1/2/3	\$55.00	80%	10	67 mi	4.0 mi	60 min
Cat 4	\$55.00	70%	8	54 mi	4.0 mi	55 min
Master 35+	\$55.00	70%	6	54 mi	4.0 mi	50 min
Master 45+	\$55.00	70%	6	41 mi	4.0 mi	40 min
Master 55+	\$55.00	70%	5	41 mi	4.0 mi	40 min
Women 1-4	\$55.00	70%	5	41 mi	4.0 mi	30 min
Cat 5*	\$55.00	Medals	3	28 mi	4.0 mi	25 min

Fees include insurance surcharge of \$2/day. Non-USCF riders must purchase two 1-day licenses for \$20 and race Cat. 5, Master 35+, or Women. Distances/times approximate.

Riders must finish the prior stage to ride in the next one.

*50-rider field limit for Cat. 5 Race. **Not to exceed \$1,999 per Category.

Register Today!

Register online at www.bikereg.com. Online registration will be open until April 10, 2008 at 11:59PM. There will be a \$5 late fee for ALL registrations received after April 10, 2008. A \$5 unattached rider fee will also be assessed.

Friday Night Registration and Packet Pick-Up will be available at [Moe's Southwest Grill](#), located at [2300 Airline, Suite 600](#) in Bossier City, LA on April 11, 2008 from 6:00 - 9:00 pm.

Race Day Registration and Packet Pick-Up opens at 6:00 AM at Rocky Mount and closes 20 minutes prior to each race. Use [standard USCF Entry Form](#). Race-day registration and check-in will be held in tent near start/finish line.

Rocky Mount Road Race

Saturday: The race course begins and ends in Rocky Mount, a small village north of Bossier City, Louisiana. After 1 mile, the racers join a 13 mile loop and repeat. There are 4 right turns on the loop. After the required number of laps, the race ends in Rocky Mount. This is the same course used in previous Rocky Mount Road Races. The course has rolling hills and a tough finishing hill with great to good road surface. Maps and start times are available on the Team LaS'port website.

Clyde Fant Parkway Time Trial

Saturday: This flat, 4.2 mile, individual time trial will take place on Clyde Fant Parkway, on the Shreveport Riverfront. Riders will start from the Stoner Boat Launch and head north on an out-and-back course finishing on the Stoner overpass. Maps and start times are available on the Team LaS'port website.

Road Race results will be posted at the start line area of the Time Trial. Results of Day 1 will be posted at the race hotel, or similar location (TBA), on Saturday night.

Bossier City Criterium

Sunday: The criterium course will be held at [CenturyTel Center](#) located at [2000 CenturyTel Center Drive](#) in Bossier City, just off the Arthur Teague Parkway. The 1.3 mile course is flat with a small rise mid way through the course. There are 6 left turns and excellent road surfaces. Maps and start times are available on the Team LaS'port website.

All USCF Rules Apply!

Helmets must be worn whenever you are on your bike!

Jerseys with sleeves must be worn!

Disposal of trash and water bottles is allowed ONLY in feed zones.

Automatic DQ if you dump your trash along the race courses!!

Field can be combined by promoter, if necessary. Minimum field 5, max 100.

50-rider field limit in Cat. 5 race.

For maps and more, visit www.teamlasport.org. Questions, comments, concerns?

Contact Jason Ham @ 318-780-5443 or jsnham@yahoo.com.

**On Behalf of our Proud Sponsors
and Team LaS'port
Have a great Weekend of Racing!!!**